

STATE OF NORTH CAROLINA

BEFORE THE NORTH CAROLINA  
BOARD OF LICENSED CLINICAL  
MENTAL HEALTH COUNSELORS

IN THE MATTER OF: )  
 )  
Sarah Elaine McCoy Isaacs, LCMHCA, )  
Respondent )  
No. A16992 )

**CONSENT ORDER**

THIS CAUSE, coming on to be heard and being heard before the North Carolina Board of Licensed Clinical Mental Health Counselors (“the Board”), pursuant to N.C. Gen. Stat. § 90-340; and

IT APPEARING to the Board that Respondent has stipulated to certain facts and to the entry of a Consent Order in conformity therewith;

IT IS HEREBY STIPULATED by the undersigned Respondent and the Board for the purposes of this disciplinary proceeding that:

1. Respondent was a licensed clinical mental health counselor associate (“LCMHCA”) and is subject to the Board’s jurisdiction pursuant to the North Carolina Licensed Clinical Mental Health Counselors Act, Chapter 90, Article 24 of the North Carolina General Statutes. Respondent was first licensed by the Board on September 17, 2021.
2. On October 11, 2024, Respondent entered into a Consent Order with the Board (“2024 Consent Order”), agreeing to certain terms and conditions including, but not limited to, the following:
  - a. Completing a minimum of 2,000 hours of supervised clinical mental health practice beginning on April 28, 2023 and ensuring her supervisor submitted quarterly reports on a timely basis;
  - b. Completing 9 CE hours approved in advance by the Board regarding social media;
  - c. Undergoing two years of clinical mental health counseling; and
  - d. Maintaining separate personal and professional websites, social media profiles/accounts, or other online presences.
3. Respondent failed to comply with certain terms of the 2024 Consent Order in several respects.
4. First and most importantly, Respondent failed to renew her license by the deadline and her license expired on June 30, 2025. Respondent’s license was suspended as a result of her failure to renew, and she was prohibited by law from continuing to practice.
5. Respondent continued to practice clinical mental health counseling and held herself as authorized to do so without an active license from July 1 through October 15, 2025.

6. By practicing without an active license, Respondent violated 21 NCAC 53 .0601 and N.C. Gen. Stat. § 90-331 and 90-340(a)(7).

7. Second, Paragraph I(c) of the 2024 Consent Order required Respondent's supervisor to submit quarterly supervision reports (QSR) on a quarterly basis for the previous quarter. Respondent was responsible for ensuring the supervisor submitted quarterly supervision reports (QSR) to the Board

8. As of the end of September 2025, Respondent's supervisor submitted only one (QSR) to the Board. Only after the noncompliance was brought to Respondent's attention on September 24, 2025, did she submit the documentation. Therefore, Respondent violated Paragraph I(c) of the 2024 Consent Order.

9. Third, Paragraph II of the 2024 Consent Order required that CE courses taken by Respondent be approved by the Board ***prior to*** taking the courses.

10. On January 6, 2025, Respondent's counsel submitted CEs that Respondent had taken without obtaining Board approval. Therefore, Respondent violated Paragraph II of the 2024 Consent Order. The Board subsequently approved the course she had taken to satisfy her requirements under the 2024 Consent Order.

11. The Board and Respondent wish to avoid the time and the costs associated with full litigation of this matter and, *in lieu* of any proceedings, enter into this Consent Order.

12. This Consent Order contains the entire agreement between the undersigned, there being no agreement of any kind, verbal or otherwise, which varies, alters, or adds to this Consent Order.

13. Respondent understands and agrees that this Consent Order must be presented to the Board for review and potential approval and shall be effective only after approval by the full Board and entered by signature of its Chairperson.

14. Respondent further agrees that presentation of this Consent Order to the Board for review and potential approval shall not constitute improper *ex parte* communication between the Board and its counsel, or the Board and its staff, nor require the recusal of the members of the Board from consideration of this matter before the full Board if the Board rejects the Consent Order and a contested case hearing is required in this case.

15. Respondent has read this entire Consent Order, assents to its terms and conditions, and agrees not to contest the findings, conclusions, or order in any future potential proceedings by, against, or involving the Board.

16. Respondent expressly waives notice of hearing, a hearing, the making of findings of fact and conclusions of law, and all further proceedings before the Board to which Respondent may be entitled by law.

17. Respondent waives the right to seek judicial review or to otherwise challenge the validity of this Consent Order in any court or before the Board in the future.

18. Upon entry of the Consent Order, Respondent forever releases the State of North Carolina, the North Carolina Board of Licensed Clinical Mental Health Counselors, and all its members, officials, agents, counsel, representatives, and employees, both past and present, in their individual or official capacities, from any and all liability, suits, claims, and causes of action arising prior to or as a result of the execution of this Consent Order.

19. This Consent Order shall constitute disciplinary action against the license of Respondent, pursuant to N.C. Gen. Stat. §90-340(a) and (b).

20. The Board shall maintain this Consent Order as a public record pursuant to N.C. Gen. Stat. §§132-1 and 90-340(f), shall submit a report to the National Practitioner Databank, and shall provide copies to the American Counseling Association and the National Board of Certified Counselors, and to other agencies or individuals as required by law.

21. Respondent understands that entry of this Consent Order as a public record and its mandatory reporting and distribution may have adverse consequences in other contexts, which shall not be the basis for reconsideration of its terms in the future.

22. Josh Walthall represented Respondent, and Douglas Brocker represented the Board in connection with this Consent Order.

23. Respondent agrees to service of the fully executed Consent Order via email to her above counsel and waives service by any other method.

Based upon the record and the foregoing stipulations,

NOW, THEREFORE IT IS HEREBY ORDERED as follows:

I. Respondent's license to practice clinical mental health counseling is suspended with an effective date of October 15, 2025.

II. Respondent is eligible to seek reinstatement on or after July 1, 2026. She can apply for reinstatement starting on June 1, 2026, but may not be reinstated earlier than July 1, 2026. Respondent must satisfy all the conditions for renewal, including the additional continuing education requirements in 21 NCAC 53 .0604(1) for reactivation of a license.

III. If Respondent's license is reinstated, she will remain under probation until she completes the conditions of the October 2024 Consent Order as follows:

a. Submit proof of completion of 2,000 hours of supervised practice, excluding both the hours completed under Respondent's former supervisor (K.B.) and the hours

completed while her license was suspended for failure to renew. The 2,000 hours of supervision set forth in the 2024 Consent Order are in addition to the minimum number of supervision hours required to qualify for full licensure. Respondent remains subject to all the conditions and requirements for supervision in paragraph 1 of the 2024 Consent Order.

- b. Submit documentation that she has completed two years of clinical mental health counseling by a licensed mental health professional.

IV. Once Respondent has completed all of the conditions of the 2024 Consent Order, she can petition the Board to be released from probation and apply for full licensure. To be eligible to apply for a full licensure as a licensed clinical mental health counselor (“LCMHC”), Respondent must satisfy all licensure requirements in effect at the time, in addition to satisfying the conditions in Paragraphs II and III of this Order.

V. Respondent shall keep the Board apprised of her current address, phone number, and email and notify the Board of any change to that contact information no later than ten days after it becomes effective.

VI. The Board recognizes that the conditions, limitations, or requirements set forth in this Consent Order may present Respondent with certain practical difficulties. The Board concludes that each one is necessary to ensure public protection and it does not intend to modify or eliminate any of the conditions, limitations, or requirements set forth herein based on such potential difficulties.

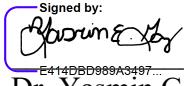
VII. The Board shall retain jurisdiction of this matter and Respondent to enforce the provisions herein or enter orders as necessary in the future.

VIII. Respondent’s failure to abide by any provision of this Consent Order, if proven true by a preponderance of the evidence following notice and an opportunity for hearing, may result in the suspension, revocation, or other disciplinary action against Respondent’s license, including seeking an injunction in Superior Court, at the Board’s discretion.

This the 26th day of January, 2026.

CONSENTED TO BY:

NORTH CAROLINA BOARD OF LICENSED CLINICAL MENTAL HEALTH COUNSELORS

BY:   
Dr. Yasmin Gay, LCMHCS  
Board Chairperson

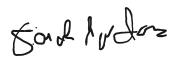
Signed by:  
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1/26/2026

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Date

RESPONDENT:



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Sarah Elaine McCoy Isaacs

01 / 05 / 2026

Date



Audit trail

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## Document History



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